



PANU NATURAL
SPA



MASSAGES

CODE SIGNATURE

Code signature is a sublime spa experience. A traditional massage with the most effective elements from an eclectic mix of different massage schools. As pure essential oils are massaged into your body their fragrance uplifts your senses; your meridian lines are activated providing the warm sensation of free energy flow while muscles and ligaments are gently kneaded to ease tension. Gentle stretching follows with a finale of a facial and scalp massage to complete this signature treatment.

60 mins 1,200
90 mins 1,500

HOT STONE THERAPY

A deep relaxing massage using hot stones placed in strategic sites on the body to help open up meridians or energy lines. The heated stones make deep tissue manipulation easier to achieve whilst also assisting in the release of toxins and improving circulation. This particular treatment has been found to be particularly effective in the relief of insomnia and is seen as an ideal treatment for the alleviation of stress.

90 mins 1,600

PEACE AND CALM AROMATHERAPY

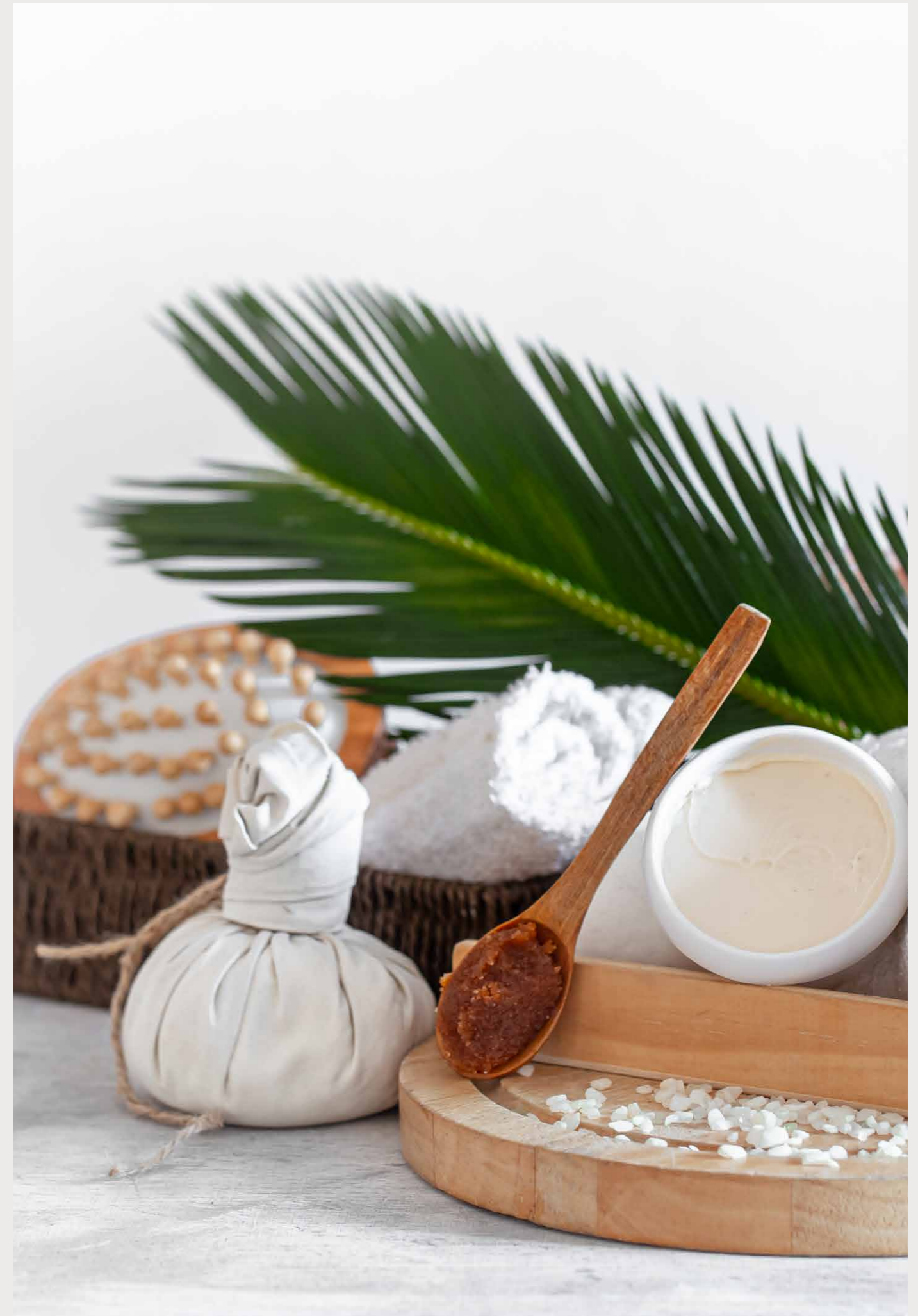
Aromatherapy is an esoteric healing practice which utilises pure essential oils for their therapeutic calming and detoxifying effects. Treat yourself to an hour or more of bliss with this gentle therapeutic massage while in a state of total relaxation. Relax while all stress and tension dissolves as the internal balance of mind body and spirit is brought back into a state of harmony through the combination of fragrant oils and a healing touch.

60 mins 1,300
90 mins 1,700

STRESS RELEASE ALOE VERA

Release your stress with the Aloe Vera massage. The magical healing powers of organic Aloe Vera Gel have been reported back thousands of years ago. It is known by many as "nature's pharmacy" and is used to help heal a wide range of human ailments. The magic of Aloe Vera has always produced great results. Come and experience its amazing benefits for yourself.

60 mins 1,300
90 mins 1,700





RELIEVE FOOT MASSAGE

Reflexology is a healing art achieved by applying pressure on reflex points of the feet which correspond to organs in the body as a whole. Through precise massage, reflexology stimulates circulation, induces feelings of relaxation and encourages healing, leading to an optimised state of well being

60 mins 790
90 mins 1,090

CODE HEAD & BACK MASSAGE

Massage focusing on the significant head, back, neck and shoulder muscles. Utilising Tiger Balm, this treatment relieves pain whilst dissolving exhaustion and tension which is then replaced by strength and rejuvenation.

45 mins 790

SWEDISH SPORTS MASSAGE

This massage combines the three key massage elements of kneading, gliding and percussion. It utilises a combination of both light and deep stroke massage to stimulate blood circulation and lymphatic flow thereby soothing tension. This treatment will facilitate the elimination of tiredness and stress, and leave you feeling light and rejuvenated.

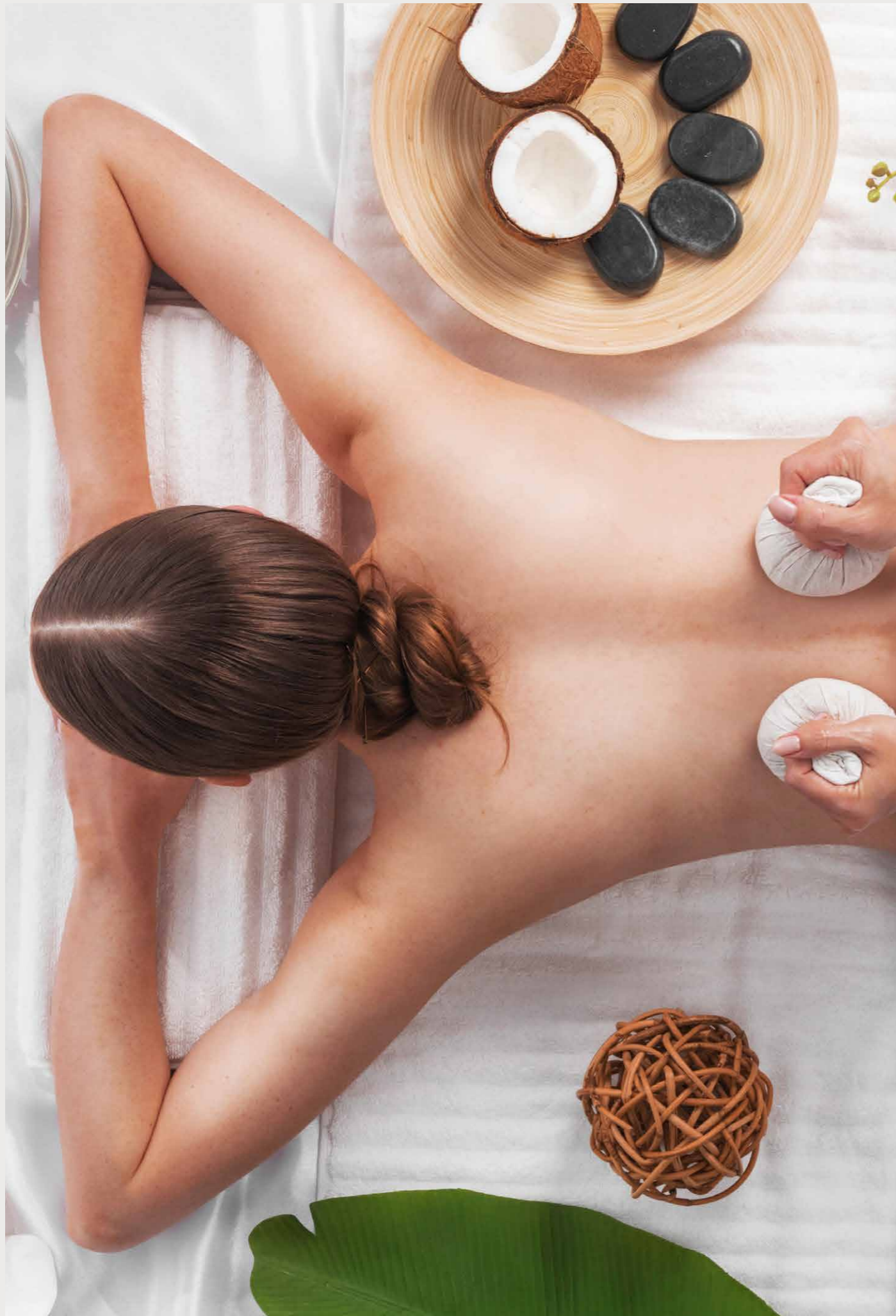
60 mins 1,300
90 mins 1,700

THAI TRADITIONAL MASSAGE

Thai Massage is one of the world's great massage traditions. This incorporates a blend of Indian yoga techniques, relaxing muscles and ligaments as well as improving blood circulation. It also channels the energy fields running stress throughout the body in order to achieve the balance necessary for optimised living. Through the rebalancing of these energy fields, aches and pains will recede to be replaced by feelings of both calmness and well-being.

60 mins 890
90 mins 1,090





BODY TREATMENTS

CODE BODY SCRUB

Pure pleasure is experienced through the skin leading to a glowing radiance. This treatment exfoliates and hydrates your skin, removing impurities and encouraging youthful rejuvenation. Tailor make this treatment to your own specifications by choosing one of our natural Thai scrubs: Star Fruit, Jasmine Rice, Green Tea

60 mins 1,300

HIMALAYAN SALT SCRUB

Awaken your senses with this delightful scrub for normal skin. We use fine Himalayan Salt which is enriched with almost 50 types of minerals to stimulate the skin's blood flow. This scrub protects and nourishes your skin to help it look and feel softer and smoother.

60 mins 1,600

LAVENDER AND LEMONGRAS SCRUB

Our Lemongrass Lavender Body Scrub gently lifts away dull skin, leaving you glowing all over. Used as an ancient healing remedy, lemongrass help detoxify the body, reduce inflammation, improve circulation, relieve pain, and relax muscles and nerves. Lavender is believed to reduce anxiety and balance mood.

60 mins 1,500

FACIAL TREATMENTS

AFTER SUN FACIAL

Let Aloe Vera gently treat your skin with its magical effects. An absolute blessing for sunburn, it will rehydrate, refresh and cool the skin - which also gives a boost to skin repair and rejuvenation. This is the perfect choice for those who have been enjoying the Samui sunshine, and a blessing to those who have over-exposed themselves to sun.

60 mins 1,400

RELAXING HERBAL FACIAL

Utilising a blend of 9 different Thai herbs, this scrub is followed by massage and mask results in hydrated skin that glows with new levels of luminosity and feels renewed.

60 mins 1,300

DEAD SEA TREATMENT

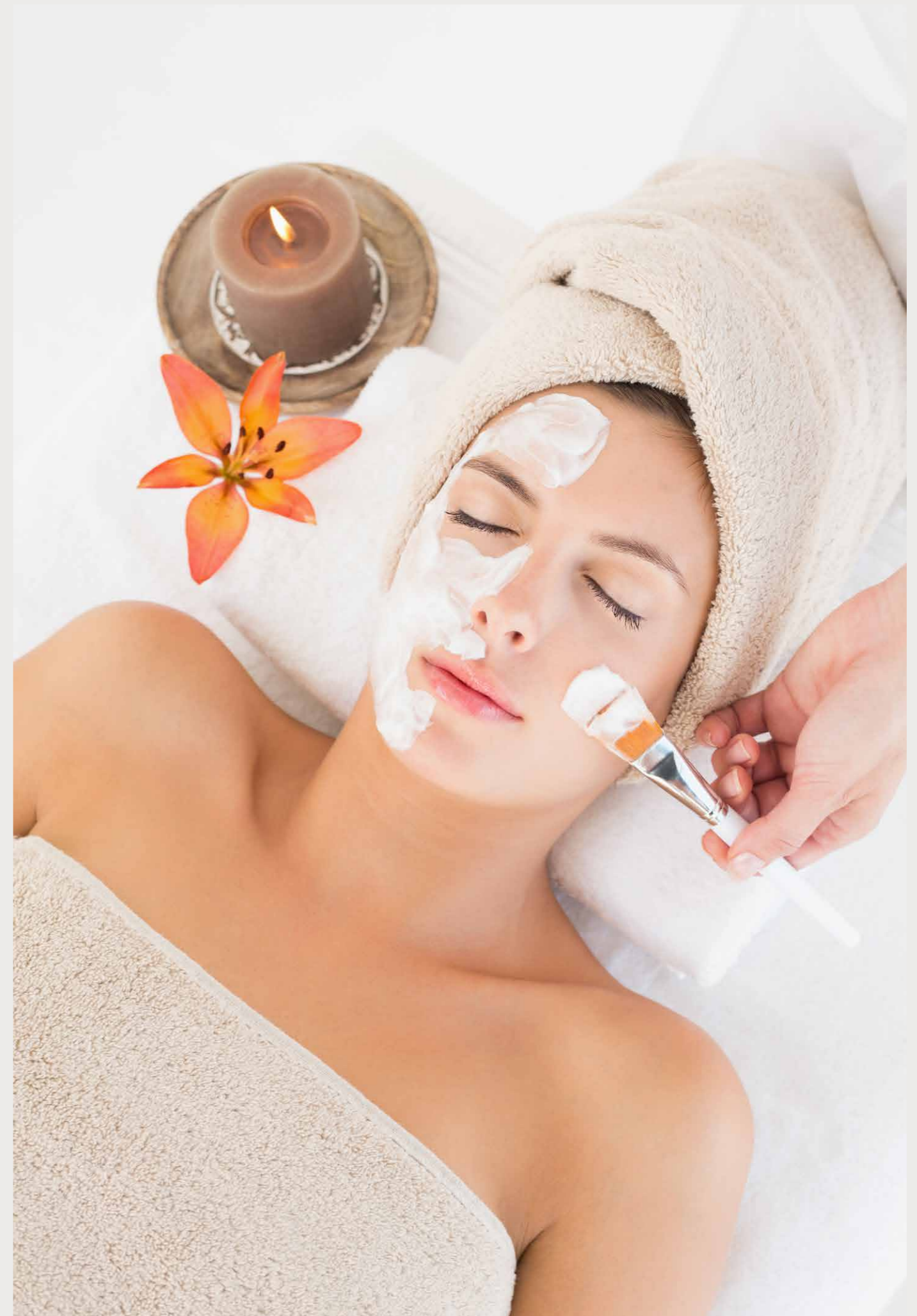
The Dead Sea Minerals which form the core of this treatment combine both Vitamin A and Vitamin E which are known for their powerful antioxidant and strengthening properties. As a result of the synergistic properties of these minerals working together, this treatment produces optimum results both on the dermatological and visual level - a powerful rejuvenator.

60 mins 1,300

GOLDEN FACIAL

"A powerful facial massage and mask incorporating 24 carat gold combined with 5 essential flower oils chosen to promote cell regeneration, resulting in rejuvenation and radiance - making skin both glow and look younger."

60 mins 1,600





PANU PACKAGES

LOVE IN THE AIR

Keep that romance alive and treat your loved one to a shared afternoon of sheer bliss at the the Panu Spa. An unforgettable experience of harmony and relaxation exclusively designed for the Panu Spa. Partake in a journey of the senses that will help you find the way to inner harmony and restore your emotional balance.

160 mins 4,600

Code Signature 60 | Relieve Foot Massage 30 | Golden Facial 40 | Lavender & Lemongrass Scrub 30

RELEASE YOUR STRESS

Code signature Package is the ultimate combination of the world's greatest massage techniques with the magic of Thai herbs. Experience the very best that Thailand has to offer in this unique and timeless journey to blissful contentment.

160 mins 3,400

Hot Stone Massage 60 | Herbal Facial 60 | Body Scrub 40

SIAM SECRET THAI PACKAGE

Siamese Secret a traditional beauty ritual of Thai Woman since ancient times. This full-body treatment leaves your skin feeling both incredibly soft and phenomenally smooth to the touch.

160 mins 3,700

60 min head back | 60 min aromatherapy | 40 min himalayan body scrub



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Kalara
KOH SAMUI

Price excludes 10% Service Charge & 7% Government Tax